

2025 CAMP SEQUASSEN MENU

Weeks: 1, 3, 5, 7

| | Breakfast 8:00AM | Lunch 12:30PM | Dinner 6:00PM |
|--------------------------|---|---|---|
| Sunday | | Sliced Cold Cuts & Cheese S Sliced Bread T A Lettuce & Tomato F F Condiments F Pasta Salad Milk/Beverage | Sliced Roast Beef w/ Gravy Oven Roasted Potatoes Green Beans Tossed Salad w/ Dressing Bread & Butter Ice Cream Milk/Beverage |
| Monday | Fruit Juice Pancakes w/ Syrup Sausage Links Cold Cereal Butter Milk/Hot Chocolate Fresh Fruit | Chicken Nuggets Macaroni & Cheese Tossed Salad Corn Chips Jell-O w/ Topping Milk/Beverage | Pasta & Meatballs Tossed Salad w/ Dressing Bread & butter Italian Ice Milk/Beverage |
| Tuesday | Fruit Juice Scrambled Eggs Sliced Ham Bagels w/ Cream Cheese Home Fried Potatoes Milk/Hot Chocolate Fresh Fruit | Taco Tuesday Soft Shell Lettuce & Tomato Salsa/Cheese Nachos & Cheese Sauce Popsicles Milk & Beverage | Roast Loin of Pork w/ Gravy Apple Sauce Italian Mix Vegetables Buttered Noodles Bread & Butter Gingerbread w/ Topping Milk/Beverage |
| Wednesday | Fruit Juice Belgian Waffles Sausages Cold Cereal Milk/Hot Chocolate Fresh Fruit | Meatball Subs Salad with Dressing Pasta Salad Brownies Milk/Beverage | Mexican Wrap Chicken Shredded Lettuce & Cheese Diced Tomato & Olives Salsa, Sour Cream Corn Chips Ice Cream Milk/Beverage |
| Thursday | Fruit Juice Ham & Cheese Omelets Home Fries Croissants Milk/Hot Chocolate Fresh Fruit | Hot Dogs on Rolls Potato Chips Baked Beans Condiments Fresh Fruit Pudding w/ Whipped Cream Milk/Beverage | Roast Turkey w/ Gravy Stuffing Mashed Potatoes Mix Vegetables Bread & Butter Cake Milk/Beverage |
| Friday | Fruit Juice French Toast w/ Syrup Sausage Patties Cold Cereal Milk/Hot Chocolate Fresh Fruit | Cheese Pizza Antipasto Salad Fresh Fruit Cookies Milk/Beverage | Lemon Chicken Rice Medley of Vegetables Tossed Salad w/ Dressing Apple Tart Bread & Butter Milk/Beverage |
| Saturday 9:30-10:15AM | Fruit Juice Sweet Breads Scrambled Eggs Ham Penne Pasta with Chicken, Broccoli, Pesto Home Fried Potatoes Milk/Hot Chocolate/Beverage Fresh Fruit Medley | | |

Menu subject to change due to availability.

2025 CAMP SEQUASSEN MENU

Weeks: 2, 4, 6

| | Breakfast 8:00AM | Lunch 12:30PM | Dinner 6:00PM |
|--------------------------|---|---|---|
| Sunday | | Sliced Cold Cut Meats & Cheese Sliced Bread Cold Chicken Lettuce & Tomato Condiments Pasta Salad Milk/Beverage | Sliced Roast Beef w/ Gravy Oven Roasted Potatoes Green Beans Tossed Salad w/ Dressing Bread & Butter Fresh Fruit Ice Cream Milk/Beverage |
| Monday | Fruit Juice Pancakes w/ Syrup Breakfast Sausage Links Cold Cereal Milk/Hot Chocolate Fresh Fruit | Chicken Sandwich Hamburger Rolls Lettuce & Tomato Condiments Fresh Fruit Pasta Salad Brownies Milk/Beverage | Pasta & Meatballs Tossed Salad w/ Dressing Bread & butter Italian Ice Milk/Beverage |
| Tuesday | Fruit Juice Scrambled Eggs Sliced Ham Bagels w/ Cream Cheese Home Fried Potatoes Milk/Hot Chocolate Fresh Fruit | Hamburger w/ Rolls Sliced Cheese Lettuce & Tomato French Fries Tossed Salad Popsicles Milk/Beverage | Roast Loin of Pork w/ Gravy Apple Sauce Italian Mix Vegetables Buttered Noodles Bread & Butter Gingerbread w/ Topping Milk/Beverage |
| Wednesday | Fruit Juice Belgian Waffles Sausages Cold Cereal Milk/Hot Chocolate Fresh Fruit | Meatball Subs Salad with Dressing Pasta Salad Jell-O w/ Whipped Cream Milk/Beverage | Mexican Wrap Chicken Shredded Lettuce & Cheese Diced Tomato & Olives Salsa, Sour Cream Corn Chips Ice Cream Milk/Beverage |
| Thursday | Fruit Juice Ham & Cheese Omelets Home Fries Croissants Milk/Hot Chocolate Fresh Fruit | Chicken Nuggets Macaroni & Cheese Tossed Salad Corn Chips Pudding w/ Whipped Cream Milk/beverage | Roast Turkey w/ Gravy Stuffing Mashed Potatoes Mix Vegetables Bread & Butter Cake Milk/Beverage |
| Friday | Fruit Juice French Toast w/ Syrup Sausage Patties Cold Cereal Butter Milk/Hot Chocolate Fresh Fruit | Cheese Pizza Antipasto Salad Fresh Fruit Cookies Milk/Beverage | Lemon Chicken Rice Medley of Vegetables Tossed Salad w/ Dressing Apple Tart Bread & Butter Milk/Beverage |
| Saturday 9:30-10:15AM | Fruit Juice Sweet Breads Scrambled Eggs Ham Penne Pasta with Chicken, Broccoli, Pesto Home Fried Potatoes Milk/Hot Chocolate/Beverage Fresh Fruit Medley | | |

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